

Men's Kitchen



The Men's Kitchen welcomes men to join our monthly cooking sessions.

- Are you an older man looking to increase your confidence in the kitchen and learn more about cooking delicious meals?
- Have you had to take over the role of preparing meals due to being recently widowed or your wife is no longer able to cook for you?
- Would you like to help share the meal preparation duties but have no clue about cooking?
- Would you like to join a group of men who enjoy each other's company while preparing a meal?

At each session a two-course meal is prepared by the group to share.

Come and learn how to cook delicious meals!



Men's Kitchen - Warriewood

11am – 2pm 1st Wednesday and 3rd Wednesday each month Ted Blackwood Centre, Warriewood

OR

Men's Kitchen - Forestville

and soon
in
Curl Curl.

11am – 2pm 2nd Wednesday, 3rd Thursday and last Friday each month

Forestville Youth Centre, Forestville (dates impacted by school holidays)

For more information or to book in call Peter Watson 0411 476 532 or email: info@fmk.org.au or check out our website: fmk.org.au



FOREST MEN'S KITCHEN ASSOCIATION INCORPORATED



Sponsored by the Forestville RSL Club, Northern Beaches Council, Minuteman Press Pittwater and Frenchs Forest Rotary